

WALKING CHALLENGE

WALK TO THE MOON

Let's walk to the moon together!

Aiming to walk from the earth to the moon together with all participants.

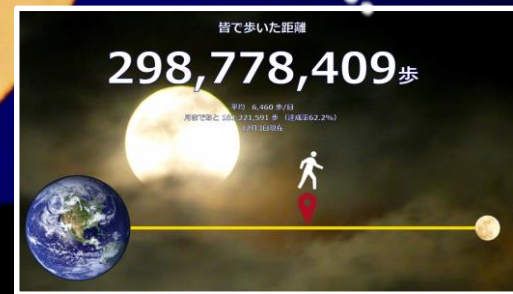
If each participant walks at least 8,000 steps per day, we could reach the moon with the help of 2,000 participants throughout the 30 day-period!

Lots of universities participating this year!



In 2021, it will not reach the moon.

Prizes for the top finishers!



Recruiting for Walking Challenge 2022

【Guidelines and rules】

Target population	All staffs and students of NAGASAKI University * There are 2 types of participation; individual and team (2-10members), and you can participate in either one. In the case of team participation, families and friends can participate as long as at least one person is enrolled at NAGASAKI University.
Registration period	October 1,2022 (Sat) ~October 23,2022 (Sun)
Walking period	November 1, 2022 (Tue) ~November 30,2022 (Wed)
How to track the number of steps?	Participants are encouraged to use their own pedometers, smartphones during the challenge. See the " Walking Challenge Website " for more details
How to participate?	Please register after you have understood the details of the challenge as described on the website. https://www.juha-webforum.jp/wc/2022/
Partnership	Kyoto City, Japan University Health Association
Inquiry	Walking Challenge Steering Committee Email:support@wc.hckn.org