Be sure to read the following to ensure a smooth health check process and an accurate diagnosis!

## **Chest X-ray Notes**

## For women\*

Only a plain t-shirt without underwear may be worn during the chest X-ray. *Please take off your bra, bra top,* 

wireless bra, camisole, etc.



For men You can be shirtless or wear a plain t-shirt (no prints, embroidery, or buttons).

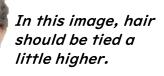


\*If there is a chance you might be pregnant, please inform us BEFORE the X-ray.

Rubber and pad lines in bras will show up in the X-ray, so please remove your bra, even if there is no metal or plastic in it. In addition, please do not wear t-shirts with prints, embroidery, or buttons.



Please remove accessories and pendants, etc.



If you have long hair, tie it so that it does not cover your shoulders when you lift your chin. Make a bun at the top of your head, or put up your ponytail with a barrette.



Please remove adhesives with magnets, such as "Pip Elekiban," cooling patches, and acupuncture needle patches.

You can wear your hijab, but raise it above your shoulders.

## Nagasaki University Health Center